

Mumbai Shahar Power Lifting Association
Sub Junior Equipped Power Lifting Championship
2-Apr-23

✓ Good
× NoLife

Gr.	Last Name	First Name	Team	Birth Year	Division	Body Wt	WT Class	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	TOTAL	Place
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SUB-JUNIOR

1	Sawant	Swayam	Hardcore	1977	M-EQ-PL	59.00	59	90.0	105.0	115.0	115.0	50.0	57.5	62.5	57.5	120.0	135.0	145.0	135.0	307.5	I
2	Yadav	Kaushik	SSL	2007	M-EQ-PL	57.00	59	70.0	77.5	77.5	70.0	40.0	45.0	50.0	50.0	70.0	80.0	90.0	80.0	200.0	II

1	Atharva	Kale	SSL	2005	M-EQ-PL	68.40	74	100.0	115.0	120.0	120.0	50.0	55.0	62.5	62.5	150.0	155.0	160.0	160.0	342.5	I
1	Bhaven	Warkad	SSL	2005	M-EQ-PL	81.00	83	100.0	130.0	160.0	130.0	60.0	70.0	75.0	70.0	120.0	130.0	135.0	135.0	335.0	I
1	Shri Sai	Halankar	SSL	2005	M-EQ-PL	95.10	105	80.0	90.0	100.0	100.0	50.0	60.0	65.0	65.0	80.0	90.0	100.0	100.0	265.0	I

JUNIOR

1	Aakash	Devdhar	Bharat	2001	M-EQ-PL	59.00	59	200.0	212.5	212.5	200.0	75.0	85.0	90.0	85.0	210.0	222.5	230.0	222.5	507.5	I
1	Nickson	Nadar	KKB	2004	M-EQ-PL	68.10	74	165.0	177.5	177.5	165.0	75.0	82.5	82.5	75.0	150.0	162.5	162.5	150.0	390.0	I
2	Karan	Dongre	SSL	2004	M-EQ-PL	67.50	74	100.0	115.0	130.0	130.0	60.0	70.0	80.0	70.0	14.0	160.0	175.0	175.0	375.0	II
1	Eshan	Nakhawa	Sidhivinay	2002	M-EQ-PL	81.20	83	120.0	130.0	140.0	140.0	70.0	95.0	100.0	100.0	160.0	170.0	175.0	175.0	415.0	I
1	Varun	Arya	Chintamar	2001	M-EQ-PL	88.30	93	165.0	175.0	182.5	175.0	90.0	92.5	92.5	92.5	190.0	190.0	197.5	197.5	465.0	I

1	Roshan	Gaonkar	Chalke Fit	2001	M-EQ-PL	104.30	105	280.0	295.0	-	280.0	135.0	145.0	152.5	152.5	250.0	270.0	285.0	285.0	717.5	I
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MASTER - I

1	Amrutrao	Nagare	BPT	1979	M-EQ-PL	56.90	59	100.0	110.0	112.5	112.5	50.0	57.5	57.5	57.5	100.0	115.0	120.0	120.0	290.0	I
1	Mithun	Navkhand	BPT	1979	M-EQ-PL	70.50	74	130.0	145.0	152.5	152.5	90.0	100.0	102.5	100.0	130.0	150.0	160.0	160.0	412.5	I
1	Jitendra	Yadav	SSL	1982	M-EQ-PL	83.00	83	260.0	275.0	275.0	275.0	160.0	170.0	180.0	180.0	220.0	235.0	245.0	245.0	700.0	I
2	Anil	Bare	Jaffery	1976	M-EQ-PL	82.60	83	185.0	200.0	210.0	200.0	110.0	115.0	117.5	115.0	200.0	210.0	210.0	200.0	515.0	II
3	Narendra	Kandara	SSL	1981	M-EQ-PL	77.70	83	100.0	100.0	120.0	100.0	80.0	90.0	100.0	100.0	100.0	110.0	120.0	120.0	320.0	III

1	Prashant	Chawarka	Jaffery	1977	M-EQ-PL	83.50	93	170.0	190.0	200.0	190.0	90.0	102.5	105.0	105.0	170.0	190.0	200.0	190.0	485.0	I
2	Samrat	Walkhade	Chalke Fit	1983	M-EQ-PL	87.00	93	155.0	167.5	177.5	177.5	87.5	95.0	100.0	100.0	155.0	170.0	190.0	190.0	467.5	II

1	Rajesh	Shetye	Chalke Fit	1981	M-EQ-PL	115.10	120	220.0	232.5	242.5	232.5	107.5	115.0	120.0	120.0	200.0	215.0	225.0	225.0	577.5	I
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MASTER - II

1	Rajendra	Sawant	Bharat	1979	M-EQ-PL	73.70	74	150.0	150.0	170.0	150.0	90.0	97.5	102.5	102.5	170.0	180.0	190.0	190.0	442.5	I
1	Rajesh	Rawle	SSL	1979	M-EQ-PL	79.00	83	100.0	100.0	120.0	100.0	100.0	110.0	120.0	120.0	100.0	120.0	140.0	140.0	360.0	I

MASTER - III

1	Satish	Patade	S.M.S.Pata	1963	M-EQ-PL	57.80	59	110.0	120.0	130.0	130.0	75.0	85.0	90.0	90.0	130.0	150.0	160.0	160.0	380.0	I
1	Gopinath	Pawar	Chalke Fit	1967	M-EQ-PL	62.40	66	80.0	80.0	-	80.0	70.0	75.0	80.0	80.0	90.0	100.0	110.0	110.0	270.0	I

1	Suresh	Dhulap	KKB	1960	M-EQ-PL	79.00	83	120.0	-	-	120.0	60.0	-	-	60.0	120.0	-	-	120.0	300.0	I
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