

Mumbai Shahar Power Lifting Association
Sub Junior Equipped Power Lifting Championship
2-Apr-23

✓ Good
× NoLift

Gr.	Last Name	First Name	Team	Birth Year	Division	Body Wt	WT Class	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	TOTAL	Place
	Sub-Junior																				
1	Janvi	Kale	SSL	2007	W-EQ-PL	56.20	57	70.0	-	-	70.0	50.0	-	-	50.0	70.0	-	-	70.0	190.0	I
1	Sanika	Jathar	SSL	2006	W-EQ-PL	76.00	84	60.0	-	-	60.0	35.0	-	-	35.0	80.0	-	-	80.0	175.0	I
	Junior																				
1	Samruddhi	Deolekar	Chalke Fit N Fine	2001	W-EQ-PL	64.30	69	160.0	-	-	160.0	65.0	-	-	65.0	160.0	-	-	160.0	385.0	I
	Master - I																				
1	Sheetal	Temhane	Chalke Fit N Fine	1980	W-EQ-PL	51.60	52	85.0	-	-	85.0	35.0	-	-	35.0	80.0	-	-	80.0	200.0	I
1	Rajshree	Pelnekar	Jaffery	1981	W-EQ-PL	56.50	57	110.0	-	-	110.0	40.0	-	-	40.0	110.0	-	-	110.0	260.0	I
1	Vaishali	Tandel	Chalke Fit N Fine	1982	W-EQ-PL	91.90	84+	110.0	-	-	110.0	47.5	-	-	47.5	105.0	-	-	105.0	262.5	I
	Master - II																				
1	Gitanjali	Dastoor	Chalke Fit N Fine	1971	W-EQ-PL	68.30	69	85.0	-	-	85.0	50.0	-	-	50.0	90.0	-	-	90.0	225.0	I
1	Ruby	Das	Chalke Fit N Fine	1972	W-EQ-PL	72.30	76	145.0	-	-	145.0	50.0	-	-	50.0	135.0	-	-	135.0	330.0	I